## **About our support group**

The group was formed several years ago, but since then it has become apparent some patients are not aware of the support from the group. This leaflet has been designed to ensure all laryngectomy patients are aware of the support available and given the opportunity to become a part of it.

### About our support group meetings

We meet approximately four times a year, in various locations. To receive further information on dates and venues, please do not hesitate to contact Donna Marris on the telephone number/email address listed.

### **Contact list**

Donna Marris - Head and Neck Link Nurse

Clayton Ward - donna.marris@ulh.nhs.uk

Clayton Ward - Head & Neck Ward Lincoln County Hospital 01522 573130 or 573778

Clinic 6 ENT - Lincoln County Hospital 01522 573255 Monday to Friday 8.30am to 5.30pm

Macmillan Head and Neck CNS 01522 597592 or 01522 512512 Bleep 3037 Mobile 07554 222811

**Dietitian Department** 01522 597765

Speech & Language Therapist 01522 512512 ext 582972

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at patient.information@ulh.nhs.uk

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# Lincolnshire Laryngectomy Support Group

www.ulh.nhs.uk

# Lincolnshire Laryngectomy Support Group

The Lincolnshire Laryngectomy Group provide a support group for patients who have undergone a laryngectomy procedure.

Our aim is to support each other, increase self esteem and build on emotional and physical well being.

The group gives you the chance to meet fellow laryngectomy patients, share ideas about products, dietary advice and to socialise.

Our group meets approximately four times a year, in different locations around Lincolnshire.

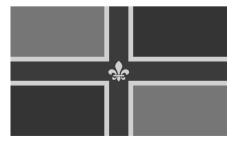
This gives everyone the opportunity to attend and takes into consideration the vast area that Lincolnshire covers. We welcome all laryngectomy patients, their relatives and carers. It is an informal and friendly meeting, where you will be given the opportunity to share your views, news, gain information and socialise.

The group sometimes have speakers to offer advice and support. We aim to look at all your needs; if there is something specific you would like to discuss at a meeting then please discuss it with us and we will do what we can to provide this.

By sharing your experiences and ideas, you will be helping each other for the future.

Please be assured that you do NOT have to attend every meeting and new members are ALWAYS welcome!

Come and join us!



#### **Useful Numbers**



Today, NALC has almost 100 clubs nationwide and offers a range of services to Laryngectomees and their families and carers. A major role of the clubs is to provide the sort of non-medical help and information that can only come from the experience of living with a laryngectomy.

Telephone: 020 7730 8585

info@laryngectomy.org.uk www.laryngectomy.org.uk

The Lincolnshire Laryngectomy Support Group meets to ensure laryngectomy patients, relatives and carers receive an ongoing support. You will be able to meet others who share similar experiences.